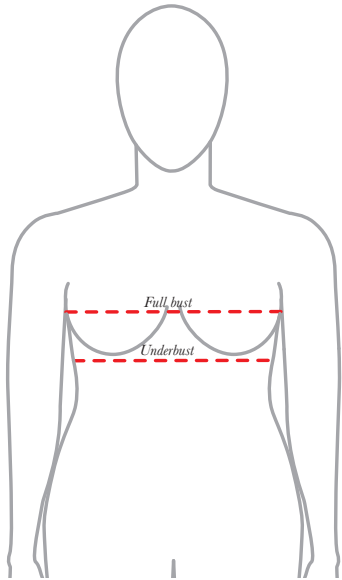


# FINDING YOUR SIZE & SIZE CHARTS

To find your size, wear a supportive bra and take your measurements as directed below. This is often easier with a friend's help to get the most accurate results.

Choose your overall size based on your **full bust measurement**, and your cup size based on the difference between your full bust and underbust. If you are between sizes, we recommend sizing down. If you fall between both size ranges (ie. sizes 14-20), choose the 14-30 size range if you have a larger bust.

Sizing Example: If your full bust measurement is 35" and your underbust measurement is 31" (a 4" difference), you would choose Size 8 with an A/B cup. If your full bust measurement was 58" with a 50" underbust (an 8" difference), you would choose Size 30 with an E/F cup.



**Full bust:** Measure around your chest evenly at the fullest part of your bust with your arms down. Ensure the measuring tape is level across front and back.

**Underbust:** Exhale deeply and measure around your ribcage just beneath your breasts with your arms down. Pull the measuring tape somewhat taut.

FULL BUST MINUS UNDERBUST =	CUP SIZE (0-20)	CUP SIZE (14-32)
1-4" 25-101 mm	A/B	n/a
5-7" 127-178 mm	C/D	C/D
8"+ 203 mm +	n/a	E/F

*Use the difference between the Full bust and the underbust to determine the cup size.*

## SIZE CHART (SIZES 0-20)

	0	2	4	6	8	10	12	14	16	18	20
<b>FULL BUST</b>	31" 79cm	32" 82cm	33" 84cm	34" 86cm	35" 89cm	36.5" 93cm	38" 97cm	40" 102cm	42" 107cm	44" 112cm	46" 117cm
<b>UNDERBUST</b>	26" 66cm	27" 69cm	28" 71cm	29" 74cm	30" 76cm	31.5" 80cm	33" 84cm	35" 89cm	37" 94cm	39" 99cm	41" 104cm

## SIZE CHART (SIZES 14-32)

	14	16	18	20	22	24	26	28	30	32
<b>FULL BUST</b>	42" 107cm	44" 112cm	46" 117cm	48" 122cm	50" 127cm	52" 132cm	54" 137cm	56" 142cm	58" 147cm	60" 152.5cm
<b>UNDERBUST</b>	35" 89cm	37" 94cm	39" 99cm	41" 104cm	43" 109cm	45" 114cm	47" 119cm	49" 124.5cm	51" 129.5cm	53" 134.5cm

**Note:** We include a general underbust measurement in our size chart for reference, but we do not suggest using this measurement to choose your base size. Please refer to the instructions above. After you make your first bralette, if you find the band too tight or too loose, you may refer to the underbust measurement in the size chart to identify how much you need to add or subtract to get a better fitting band.